

## **BMUK Protocol for Face to Face (F2F) in Lockdown Post June 1<sup>st</sup>**

The safety of our team and our clients is paramount. F2F appointments increase the risk of spreading the virus and are therefore only undertaken following a video consultation in which the client has agreed that the need to see the clinician outweighs the risks of increased virus spread.

### Clinic Set Up

Walton On Thames:

- Primary waiting area – 1 person at a time. Wash hands and use sanitiser on entry and exit.
- Secondary waiting area – 1 person at a time. Sitting at furthest point from door.
- Face masks to be worn by everyone who is in the clinic.

Guildford:

- Waiting outside the premises until collected by Physio - 1 person at a time.
- Wash hands on entry and exit. Sanitiser on entry and exit.
- Facemasks to be worn by everybody in the clinic building.

River Club:

- Rear entrance to be used to access club and clinic space - 1 person at a time.
- Wash hands on entry and exit. Sanitiser on entry and exit.
- Facemasks to be worn by everybody in the clinic building.

The clinic areas will not have refreshments or cards / marketing on the surfaces to allow antibacterial wiping of all surfaces. All surfaces will be wiped in between client appointments. Appointments will be staggered allowing time between sessions for cleanliness protocol.

### Clinicians:

Clinicians will have temperature taken daily, if temperature is elevated, F2F clinical contact will be cancelled. All BMUK team will have to confirm that they do not have any signs or symptoms of the virus and that they have not been in contact with anybody that they suspect may have the virus. This will occur daily. Clinical staff will wear PPE as follows:

- Facemask
- Visor
- Gloves
- Apron

Apron and gloves will be disposed of at the end of each session. Visor will be wiped with antibacterial wipe to ensure cleanliness of possible viral contact. Clinical space will be wiped

down before / after each client using antibacterial spray / detergent. Plinth will be wiped between clients as will any chairs / door handles that clients may have come in to contact with. Clinicians will wash hands before and after clinical contact and use sanitiser to ensure safety of touch. Appointments will be staggered by 15 minutes in order to allow cleaning time and PPE change as well as allowing physical distancing of clients within the clinic.

#### BMUK team onsite:

All of the BMUK team will have temperature taken daily, if temperature is elevated, F2F clinical contact will be cancelled. All BMUK team will have to confirm that they do not have any symptoms of the virus and that they have not been in contact with anybody that they suspect may have the virus daily.

#### Clients:

The decision to conduct F2F appointment will be pre-agreed with the Client. There is an understanding that the appointment is at their own risk. The client is to confirm that they have no signs or symptoms of the virus and that they have not been in contact with anybody that they suspect may have the virus. On entry to the clinic, the client will have their temperature taken using infrared thermometer. If the readings show elevated temperature, client will be asked to leave and it is suggested that they self-isolate as per the government guidelines.

Please bring water / refreshments and a towel to cover yourself with in the treatment room as the temperature will be decreased as the clinicians will be wearing full PPE.

Please do not attend your appointment if you:

- Have a temperature
- Are experiencing a new persistent cough
- Have recently lost your sense of taste or smell
- Have been in close contact with someone who has been diagnosed with, or suspected of having, COVID-19 / Coronavirus

#### Video Consultations:

All initial consultations will be via video as per the guidelines issued by our governing body. Video consultations will be run in parallel with F2F appointments to enable us to continue to help as many people as possible.